

Health and Benefit Provider List

<u>Plan Office</u>	1-877-667-5522	Toll Free Number to be used by PARTICIPANTS ONLY
<u>Verify System</u>	1-410-850-8500	To obtain your eligibility and what benefits you are eligible to receive under the Plan. <i>Available to Providers for verification of eligibility and to obtain status on claims paid over the last six months.</i>
<u>CIGNA HealthCare</u>	1-800-768-4695	http://www.cignasharedadministration.com 1. Click on “ For Taft-Hartley Plan Members ”. 2. Click on “ Medical Shared Administration ”. The screen that appears will be titled “ Medical Shared Administration Plans ”. 3. Go to the middle of that page. 4. Click on “ Shared Administration OAP Provider Directory ”. 5. Provide the information requested to find a CIGNA network provider.
<u>Multiplan</u> For a Multiplan PPO (hospital, physician, lab, etc.) in your area	1-800-464-0292	http://www.multiplan.com/
<u>CVS Caremark</u> For Questions concerning Prescription Drugs	Retail & Mail Order: 1-888-364-6815	http://www.caremark.com To find the cost of your prescription, you must have your own login.
<u>EyeMed</u> For information concerning In-Network Optical Program	1-866-299-1358	https://www.eyemed.com Plan Number: 9706318 Click on top right (next to search) of page Click on green ink “Find an Eye Doctor”
<u>Vision Service Plan</u> To receive discounts on Optical Services	1-800-785-0699	https://www.vsp.com Click on top left of page “Find a Doctor”
<u>Delta Dental Organization</u> To locate a dentist in the Network	1-800-932-0783	www.deltadentalins.com/find-a-dentist Delta Dental PPO & Delta Primer options our plan covers both Delta products
<u>Ceredian-Life Balance</u> Employees’ Assistance Program	1-877-234-5151	http://www.lifeworks.com/ Company Name: MMP Password: 5100
<u>Fidelity Investments</u> Our record keeper for the IRAP and 401K Arrangement	1-866-84UNION	http://www.fidelity.com