

Health and Benefit Provider List

<u>Plan Office</u>	1-877-667-5522	Toll Free Number to be used by PARTICIPANTS ONLY
<u>Verify System</u>	1-410-850-8500	To obtain your eligibility and what benefits you are eligible to receive under the Plan. <i>Available to Providers for verification of eligibility and to obtain status on claims paid over the last six months.</i>
<u>CIGNA HealthCare</u>	1-800-768-4695	http://www.cignasharedadministration.com 1. Click on "For Taft-Hartley Plan Members". 2. Click on "Medical Shared Administration". The screen that appears will be titled "Medical Shared Administration Plans". 3. Go to the middle of that page. 4. Click on "Shared Administration OAP Provider Directory". 5. Provide the information requested to find a CIGNA network provider.
<u>Multiplan</u> For a Multiplan PPO (hospital, physician, lab, etc.) in your area	1-800-464-0292	http://www.multiplan.com/
<u>CVS Caremark</u> For Questions concerning Prescription Drugs	Retail & Mail Order: 1-888-364-6815	http://www.caremark.com To find the cost of your prescription, you must have your own login.
<u>EyeMed</u> For information concerning In-Network Optical Program	1-866-299-1358	https://www.eyemed.com Plan Number: 9706318 Click on top right (next to search) of page Click on green ink "Find an Eye Doctor"
<u>Vision Service Plan</u> To receive discounts on Optical Services	1-800-785-0699	https://www.vsp.com Click on top left of page "Find a Doctor"
<u>Delta Dental Organization</u> To locate a dentist in the Network	1-800-932-0783	www.deltadentalins.com/find-a-dentist Delta Dental PPO & Delta Primer options our plan covers both Delta products
<u>Ceredian-Life Balance</u> Employees' Assistance Program	1-877-234-5151	http://www.lifeworks.com/ Company Name: MMP Password: 5100
<u>Fidelity Investments</u> Our record keeper for the IRAP and 401K Arrangement	1-866-84UNION	http://www.fidelity.com